## □ Downstroke ∨ Upstroke > Accent

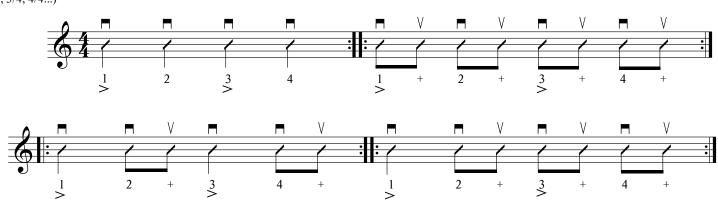
## **Strumming Pattern Theory**

Downstrokes on the beat (1, 2, 3, 4)

Upstrokes on offbeats (+)

Accent strong beats (1 and 3 in duple meter; 1 and 4 in compound meter)

## <u>**Duple meter</u>** - beats divided in 2's (2/4, 3/4, 4/4...)</u>



## **Compound meter** - beats divided in 3's (6/8, 9/8, 12/8...)

